

Patrick McGarry Author Bios

Short bio:

Over his three-decade career at the intersection of energy and finance, Patrick McGarry has published numerous articles on leadership, grief, resilience, and faith. Raised on Long Island, Patrick has lived in Ponte Vedra Beach, Florida, for twenty-seven years with his wife, Mariana, and their two sons, Shane and Jonathan. *Headwinds* is his debut. Connect with him on patrickjmcgarry.com.

Long bio:

After surviving the 1993 World Trade Center bombing, Patrick McGarry lost his younger sister, Katie, in the September 11 attacks. Grief followed him in his career at the intersection of energy and finance, even as he led teams through growth, change, and disruption and earned an Executive MBA from the University of Florida. Long before his debut memoir, *Headwinds*, he explored themes of leadership, grief, resilience, and faith in numerous published articles.

For the 25th anniversary of 9/11, he bicycled nearly three thousand miles across the United States in Katie's memory, raising more than \$113,000 for the Tunnel to Towers Foundation. Raised on Long Island, Patrick has lived in Ponte Vedra Beach, Florida, for twenty-seven years with his wife, Mariana, and their two sons, Shane and Jonathan. Connect with him on patrickjmcgarry.com.